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## WE WILL HAVE TO TALK ABOUT DYING: COVID-19

ALL CLINICIANS, SOME WORKING OUTSIDE USUAL AREA

HOW  
CAN WE DO  
THIS WITH  
CONFIDENCE  
AND  
EMPATHY?

OPENNESS  
COMPASSION  
DIGNITY

HOW DO WE  
HAVE DIFFICULT  
CONVERSATIONS?

HAVEN'T  
DONE THIS  
OFTEN

... AND HAVE  
TO DO ON THE  
FRONT LINE!

OUT  
OF COMFORT ZONE



2

WHY IS THIS SO HARD?

BEFORE  
TIME

HOW DO I  
EVEN BRING THE  
SUBJECT UP?

HOPE

DEATH

I WANT TO  
DO MY BEST

DISTRESSING

HARM BENEFIT

OUTCOMES OF  
TREATMENT

REALISTIC UNREALISTIC

EXPECTATIONS  
OF TREATMENT

NATURAL PROCESS  
CYCLE  
OF LIFE

SLEEP  
MORE

AWAKE  
LESS

BECOME  
UNCONSCIOUS

STAY  
UNCONSCIOUS

BREATHING  
STOPS

3

SUPPORT + PREPARATION

+

EMOTIONS

YOU ARE  
NOT ALONE

TAKE TIME  
TO THINK  
ABOUT  
THE  
THINGS  
YOU ARE  
GOING  
TO SAY

IT'S OK TO FEEL  
ANXIOUS + FEARFUL

WE DON'T  
GET IT RIGHT  
EVERY TIME



LISTENING

POWER OF Silence

LEAVE SPACE  
FOR QUESTIONS





## 4 REDMAP FRAMEWORK

**R**EADY

- CAN WE TALK ABOUT YOUR CARE?

**E**XPECT

- WHAT DO YOU KNOW / WANT TO ASK?

**D**IAGNOSIS

- WE KNOW / DON'T KNOW

**M**ATTERS

- WHAT MATTERS TO YOU?

**A**CTION

- THIS CAN HELP / THIS WILL NOT HELP

**P**LAN

- LET'S PLAN GOOD CARE FOR YOU + YOUR FAMILY

CPR

WE WON'T USE MACHINES THAT CAUSE HARM

WE WON'T PRESS ON YOUR CHEST IF YOUR ♥ STOPS BEATING ...

... BECAUSE THESE THINGS DON'T WORK



5

## THINGS YOU MIGHT SAY...

WHAT I'M  
SAYING IS  
HARD TO HEAR

IT'S  
IMPORTANT  
TO BE **HONEST**  
WITH YOU

**SICK  
ENOUGH  
TO DIE**

**BE PREPARED**  
- WE ARE HOPING  
TO STABILISE  
YOU, BUT ...

THAT DIDN'T  
COME OUT RIGHT...

WE ARE IN  
A DIFFERENT  
PLACE NOW

CAN I **START  
AGAIN?**

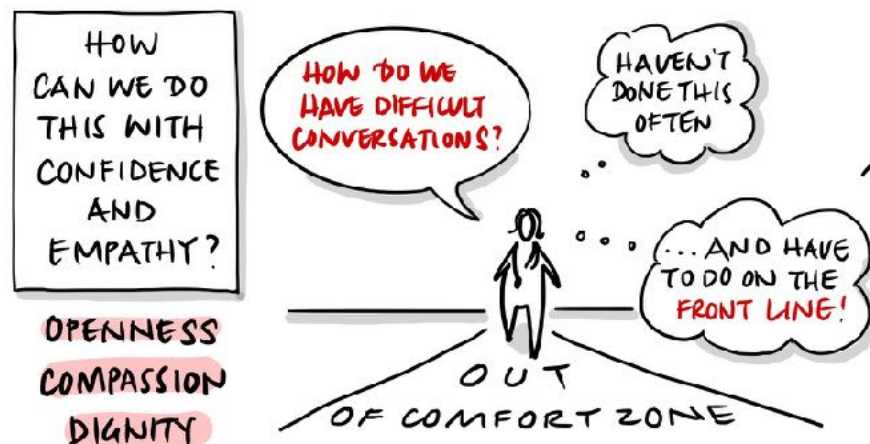
THIS IS YOUR  
**FINAL JOURNEY**





# 1 WE WILL HAVE TO TALK ABOUT DYING: COVID-19

ALL CLINICIANS, SOME WORKING OUTSIDE USUAL AREA



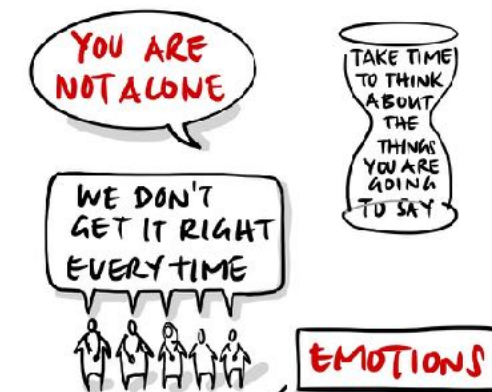
# 2 WHY IS THIS SO HARD?



BEFORE TIME



# 3 SUPPORT + PREPARATION



# 5 THINGS YOU MIGHT SAY...



# 4 REDMAP FRAMEWORK

- R** EADY - CAN WE TALK ABOUT YOUR CARE?
- E** XPECT - WHAT DO YOU KNOW / WANT TO ASK?
- D** IAGNOSIS - WE KNOW / DON'T KNOW
- M** ATTERS - WHAT MATTERS TO YOU?
- A** CTION - THIS CAN HELP / THIS WILL NOT HELP
- P** LAN - LET'S PLAN GOOD CARE FOR YOU + YOUR FAMILY



POWER OF Silence

