Preferred Priorities for Care



 Preferred Priorities for Care

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| --- | --- |
| Your name: |  |
| Address: |  |
| Postcode: |  |

**What is this document for?**

The Preferred Priorities for Care (also known as PPC) can help you prepare for the

future. It gives you an opportunity to think about, talk about and write down your

preferences and priorities for care at the end of your life. You do not need to do this

unless you want to.

The PPC can help you and your carers (your family, friends and professionals) to

understand what is important to you when planning your care. If a time comes when,

for whatever reason, you are unable to make a decision for yourself, anyone who has

to make decisions about your care on your behalf will have to take into account

anything you have written in your PPC.

Sometimes people wish to refuse specific medical treatments in advance. The PPC

is not meant to be used for such legally binding refusals. If you decide that you want

to refuse any medical treatments, it would be advisable to discuss this with your

doctors.

Remember that your views may change over time. You can change what you have

written whenever you wish to, and it would be advisable to review your PPC regularly

to make sure that it still reflects what you want.

**Should I talk to other people about my PPC?**

You may find it helpful to talk about your future care with your family and friends,

although sometimes this can be difficult because it might be emotional or people

might not agree. It can also be useful to talk about any particular needs your family or friends may have if they are going to be involved in caring for you. Your professional carers (like your doctor, nurse or social worker) can help and support you and your family with this.

When you have completed your PPC you are encouraged to keep it with you and

share it with anyone involved in your care. Unless people know what is important to

you, they will not be able to take your wishes into account.

**Will my preferences and priorities be met?**

What you have written in your PPC will always be taken into account when planning

your care. However, sometimes things can change unexpectedly (like carers

becoming over-tired or ill), or resources may not be available to meet a particular

need.

**What should I include in my PPC?**

You should include anything that is important to you or that you are worried about. It

is a good idea to think about your beliefs and values, what you would and would not

like, and where you would like to be cared for at the end of your life.

**People who should be asked about your care if you are not able to**

**make a decision for yourself**

You may have formally appointed somebody to make decisions on your behalf, using

a Lasting Power of Attorney, in case you ever become unable to make a decision for

yourself. If you have registered a Lasting Power of Attorney please provide their

contact details below.

|  |  |
| --- | --- |
| Name: |  |
| Address: |  |
| Telephone number: |  |
| Relationship to you: |  |

Even if you have not registered a Lasting Power of Attorney, is there anybody you

would like to be consulted about your care in the event that you are unable to make

decisions for yourself? If so, please provide their contact details below.

|  |  |
| --- | --- |
| Name: |  |
| Address: |  |
| Telephone number: |  |
| Relationship to you: |  |

Your preferences and priorities

**In relation to your health, what has been happening to you?**

**What are your preferences and priorities for your future care?**

**Where would you like to be cared for in the future?**

**Signature Date**

**Please record any changes to your preferences and priorities here**

(Please sign and date any changes)

**Further information**

You can use this page to make a note of any further information you need or

questions you might want to ask your professional carers (like your doctor, nurse or

social worker)

**Contact details**

You can use this page to record contact details of anyone who is involved in your

care.

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| Name | Relationship to you | Contact number |
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| This document was given to me by: |  |
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Further information about PPC is available at: <http://www.endoflifecare.nhs.uk>

**Originated by Lancashire & South Cumbria Cancer Network June 2004 and**

**endorsed by the NHS End of Life Care Programme**

**Revised December 2007 by the National PPC Review Team**