



If you would like further support and information please contact the Child Bereavement Charity:

Tel: 01494 568900
Email: enquiries@childbereavement.org.uk
Web: www.childbereavement.org.uk
(with discussion forum for families)

With thanks to Charlie and Imogen Jones
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For children under 7

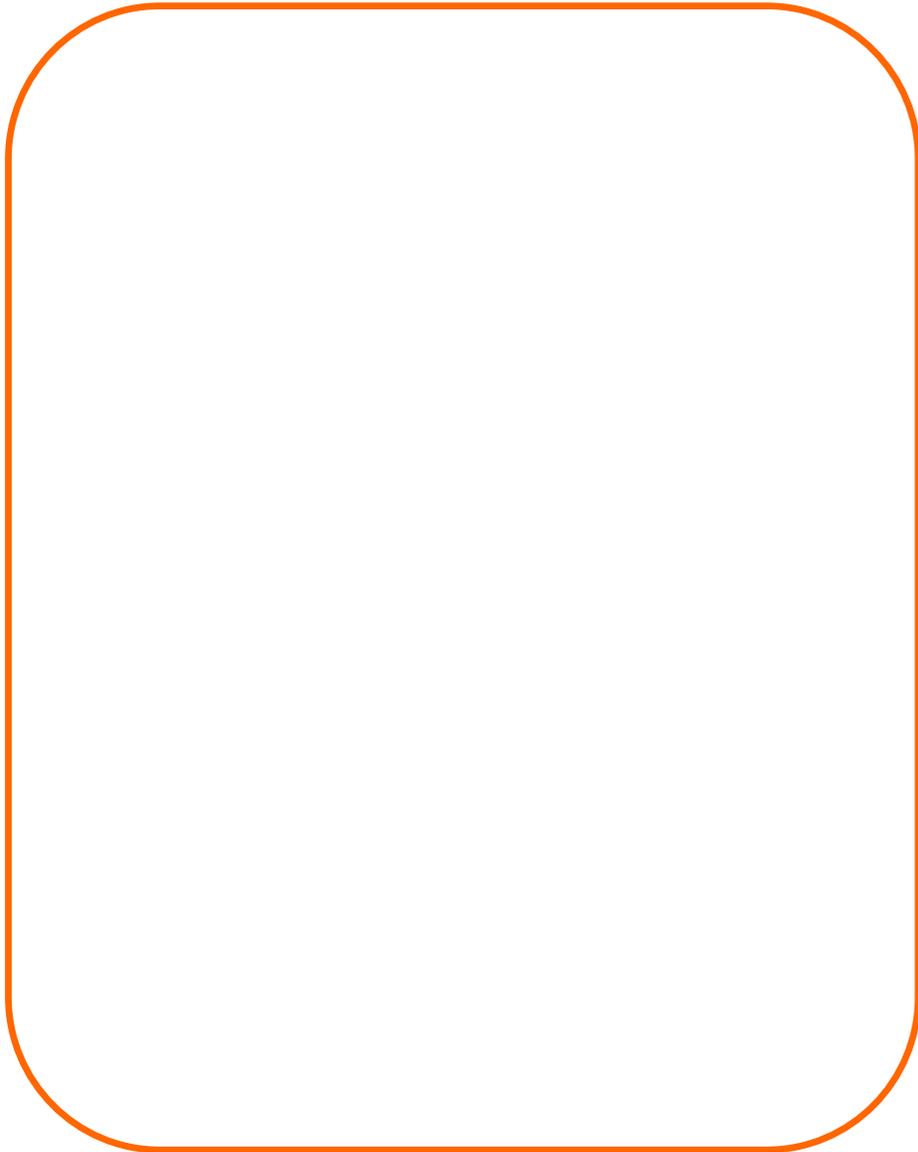
When someone special dies



A leaflet prepared with the help of bereaved families

This leaflet has been given to you because someone important has died.

You could draw a picture here and write their name. You could ask a grown-up to help you.

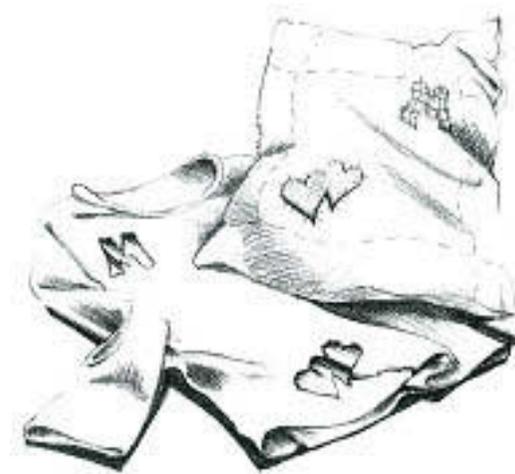


How will I remember them?

- * You can look at a photograph and talk about the person who has died



- * You could ask to keep something special to remember them by
- * You could decorate a memory box to keep these special things in



- * You might like to keep something special that belonged to the person who has died

What is a funeral?

- * After someone dies there is a funeral
- * It is a time for family and friends to say goodbye
- * At a funeral people talk about what they remember about the person who has died, and might sing, say a prayer or read something special
- * Everyone has a funeral when they die and their body is put in a coffin



- * You might like to put a favourite toy, or a picture you've drawn into the coffin – you could ask the person who looks after you about this



What does it mean when someone dies?

- * Their body doesn't work anymore
- * It can't be mended
- * It's not like being asleep
- * They don't feel anything
- * But you will always remember them

When somebody dies we can feel lots of different feelings,
or sometimes none at all.

Do you have any of the feelings on this page?



Sad



lonely



ok



worried

tired



cross



missing
the person